

STAFF

Director

Anne Kearney, LCSW-R

Medical Director

Joseph Pinkes, MD

Nurse Administrator

Cynthia Daniels, BSN, RN

Psychiatrist

John F. Tanquary, MD, PC

Physician Assistant

Jennifer Thieben, RPA-C

Counselor / Substance Abuse Counselor

Maria Randazzo, MA, LMHC, CASAC, CPP

Counselors

Sarah Spiegelhoff, MA, EdS, LMHC

Michelle Scott, MSW, LCSW

Nurse

Kathy Byrum, BSN, RN

Counseling Services Administrative Assistant

Therese May

Health Services Senior Clerical Assistant

Kim Simmons

Mental Health Interns

APPOINTMENT HOURS

Monday through Friday

8:30 a.m. – 4 p.m.

While fall and spring semesters are in session.

MAKING APPOINTMENTS

Students are encouraged to make their own appointments. On occasion, faculty or staff members will assist students by scheduling an appointment or by walking them to the Wellness Center. Phone numbers are listed on the back.

EMERGENCIES

Illness and Accidents: When the health office is closed, call the Le Moyne College Security Office at **315-445-4444** for instructions. Other emergency room and urgent care centers are listed below.

EMERGENCY AND URGENT CARE CENTERS

Upstate University Hospital Emergency Room

750 East Adams Street, Syracuse, NY 13210
315-464-5611

Crouse Hospital Emergency Room

736 Irving Avenue, Syracuse, NY 13210
315-470-7411

St. Joseph's Hospital's Emergency Room

301 Prospect Avenue, Syracuse, NY 13203
315-448-5101

Northeast Medical Urgent Care

4000 Medical Center Drive,
Fayetteville, NY 13066
315-637-7800 (7 am – 11 pm)

Crouse Prompt Care

739 Irving Avenue, Syracuse, NY 13210
315-470-2951 (9 am – 11 pm)

Mental Health: For an immediate safety issue, call the Le Moyne College Security Office at **315-445-4444**; a security officer can reach the counselor on-call 24/7. You may also contact CPEP directly.

COMPREHENSIVE PSYCHIATRIC EMERGENCY PROGRAM (CPEP)

St. Joseph's Hospital

201 Prospect Avenue, Syracuse, NY 13203
315-448-6555

Counseling Services

Romero Hall

315-445-4195

counselingservices@lemoyne.edu

Health Services

Seton Hall

315-445-4440

healthservices@lemoyne.edu

Wellness Center
for Health and Counseling

Wellness Center
for Health and Counseling
www.lemoyne.edu/wellness

mind ♥ body ♥ spirit



MISSION STATEMENT

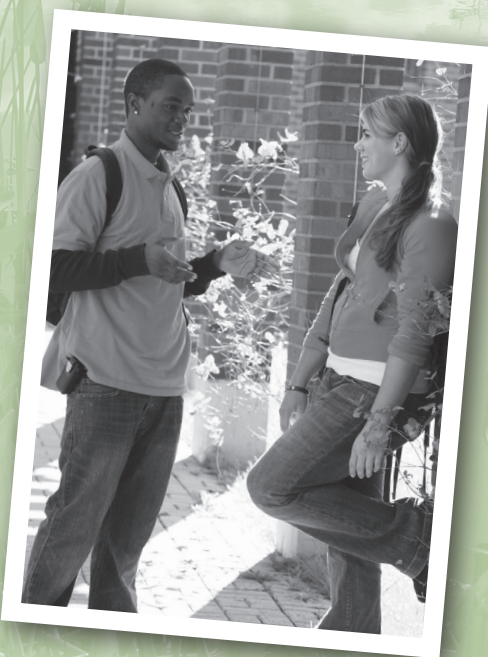
The primary mission of the Wellness Center for Health and Counseling at Le Moyne College is to enhance the educational experience by promoting wellness of mind-body-spirit and to empower students within the College community to make informed and intentional choices regarding their overall health and well-being. We provide exceptional care to the whole student through an integrated model of service delivery.

*“Providing Exceptional Care
of the Whole Student”*



“When we do the best we can, we never know what miracle is wrought in our life, or in the life of another.”

– Helen Keller



SERVICES

Counseling Services

- Short-term counseling
- Crisis Intervention
- 24/7 on-call counselor
- Support groups
- Skill-building groups
- Consultation with faculty, staff, parents or students
- Psychiatric medication consultation and care
- Referrals to community resources
- Alcohol and other drug prevention and intervention
- Web page with online resources covering various problems and issues
- Wellness coaching and other programming

Health Services

- Routine health care
- First aid and emergency care
- Health counseling
- Wellness and health literature
- Medications
- Medical equipment loans
- Blood pressure checks
- Weight checks
- Suture removal
- Off-campus referrals
- Web page with online resources covering various problems and issues



CONFIDENTIALITY

Privacy is protected; the Wellness Center staff upholds federal privacy laws (HIPAA) as well as professional ethics. Services and treatment are confidential.

Protected health information will only be released to parents, faculty, and/or staff with the student's written consent. Exceptions would be in rare cases of potential danger to self or others, inability to function or care for his or her own basic needs, or other life-threatening situations.

“The purpose of life is a life of purpose.”

– Abraham Lincoln



Information

Eligibility

Any registered student in need of health or mental health care is encouraged to use the services of the Wellness Center for Health and Counseling. The doctor and physician assistant will see students by appointment only. Nurses will see students throughout the day on a walk-in basis. Counselors generally see students by appointment, or will meet briefly with a walk-in to assess and then schedule an appointment. Students are encouraged to visit the Wellness Center not only when they are ill, injured or in emotional distress, but also whenever they have questions, concerns, or simply want to learn more about health and well-being.

Fees

There are no fees charged for health or counseling services in the Wellness Center. However, students may incur a small fee for specialized services such as an Intradermal Tuberculin Skin Test (PPD). Any services provided off campus will be the student's financial responsibility.

Health Insurance

All full-time undergraduate students are **required** to have a health insurance policy, and to carry a current insurance card at all times. Le Moyne College offers a student health insurance policy through Haylor, Freyer & Coon, Inc. that is reasonably priced. The student will be automatically billed for this policy. If the student has other health insurance that will provide medical coverage while residing in Syracuse, the Le Moyne Student Health Insurance **charge can be waived**. Instructions for waiving the insurance are included in the tuition bill. More information on the insurance plan can be found at: www.haylor-college.com/lemoyne or by calling 1-800-289-1501.

Medications

Most over-the-counter medications and some prescription medications that are prescribed by the medical providers are free of charge. If the Wellness Center does not have the prescribed medication, a prescription will be written for the student to take to a local pharmacy. Any medication prescribed by the consulting psychiatrist will be the financial responsibility of the student.