



CENTER FOR
AGING RESOURCES
AND ENRICHMENT

April 2019 News & Announcements

CARE is grateful for your support of the senior community. As part of our commitment to you and our elder brothers and sisters, we will be issuing a monthly newsletter to keep you up to date on how we are serving the community.

Le Moyne Spirituality of Aging Series

Our new series begins this month. According to Father Yeazel, "Spirituality changes with age. As we age we are blessed with the wisdom of our years.. Join us in gaining insights into how to deepen those relationships and walk with God and our brothers and sisters in this world in harmony, peace and joy."

Spirituality of Aging Series Events

May 1st, 2019- "Accepting Future Blessings" Rev. Dr. Ginny Smith
1pm Grewen Auditorium

May 6th, 2019- "Coming Closer and Spending More Time with God" Fr. Louis Sogliuzzo, S.J.
1pm Grewen Auditorium

May 22nd, 2019- "Getting Ready- Life Planning- Death and Dying" Sister Kathleen. OSF
1pm Grewen Auditorium

May 29th, 2019- "Spirituality of Aging"- Fr. John Rose
1pm Grewen Auditorium

June 12th, 2019- "Hurts, Regrets, Forgiveness" Fr. Robert Yeazel, Retired
1pm James Commons

June 24th, "What I have Learned at the Feet of Elders" Mary Colleen Sinnott
1pm Curtin Special Events Room

Partner Spotlight

A note from one of our partners, Justin McDermott, Regional Director, Touching Hearts at Home: "After our mother was diagnosed with cancer in 2004, our eyes were opened to the importance of having qualified, compassionate caregivers in her home when our family needed help. Touching Hearts is dedicated to this important work and strongly believe that seniors deserve the highest quality, personalized care to fit the needs of you and your family. We are a family-owned and operated company serving seniors and the disabled in Rochester, Syracuse and Albany since 2007.



Our caregivers provide person-centered, non-medical companion care for seniors allowing them to stay safe and independent wherever they called home. We help with light housekeeping, laundry, meal preparation, transportation & errand running, Alzheimer's & Dementia Care, and much more. All of our caregivers are carefully background-checked, trained, insured and bonded. We have administrative and supervisory staff in our office available 24/7 to ensure our clients' needs are met. We work in collaboration with elders, caregivers, and experts in elder care in order to maintain the highest standards of care and service. We're excited to get to know you!" To learn more, visit www.touchinghearts.com/cny or call their main office at 315-503-4896.

The CARE team looks forward to seeing you at the Spirituality of Aging Series!



315-445-5445 • mcmartkm@lemoyne.edu

LE MOYNE
Greatness meets Goodness®

Le Moyne College, Noreen Reale Falcone Library Room #165
1419 Salt Springs Road, Syracuse NY 13214

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**May 16th: Financial Planning in
Healthcare: Seniors and their Caregivers**
5:30-7pm Rm 142, Coyne Science Center
(Pre-registration is required see below)

CARE and the Onondaga County Institute for Caregivers have partnered to offer this course, presented by Tim Crisafulli in room 142 of the Coyne Science Center. Gain peace of mind with an easy to understand overview of advance directives, trusts, wills, and strategies for protecting assets from the costs of nursing homes and long-term care.

There are several ways to register:

- 1) E-mail cstevenson@ongov.net with "I Care" in the subject line or
- 2) Call 315-435-2362 ext. 4993 or ext. 4994; or
- 3) Download your form from www.ongov.net/aging/icare.html and fax the form to 315-435-3129 or;
- 4) Mail the completed registration form to: Onondaga County Office for Aging I Care Registration John H. Mulroy Civic Center, 10th Floor, 421 Montgomery St., Syracuse, NY 13202.

Elder Care in the News

The Rural Nursing Home Crisis

Across our country, rural nursing homes are closing at a record rate. For those of us focused on elder care, this is an issue we need to be aware of and prepare to help address these issues. Below is an introduction to this crisis we face.

(Courtesy of the New York Times) Harold Labrenz spent much of his 89-year life farming and ranching the rolling Dakota plains along the Missouri River. His family figured he would die there, too.

But late last year, the nursing home in Mobridge, S.D., that cared for Mr. Labrenz announced that it was shutting down after a rocky history of corporate buyouts, unpaid bills and financial ruin. It had become one of the many nursing homes across the country that have gone out of business in recent years as beds go empty, money troubles mount and more Americans seek to age in their own homes.

For Mr. Labrenz, though, the closure amounted to an eviction order from his hometown. His wife, Ramona, said she could not find any nursing home nearby to take him, and she could not help him if he took a fall at home. So one morning in late January, as a snowstorm whited out the prairie, Mr. Labrenz was loaded into the back of a small bus and sent off on a 220-mile road trip to a nursing home in North Dakota.

"He didn't want to go," said Mrs. Labrenz, 87, who made the trip with her husband. "When we stopped for gas, he said, 'Turn this thing around.'" To learn more about this story, visit the New York Times [here](#).



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